

## What's in YOUR Kit?

- ◇ Food: for at least 3 days, non-perishable
- ◇ Water: one gallon per person per day
- ◇ Radio: battery or crank-powered
- ◇ Flashlight
- ◇ Extra batteries
- ◇ Whistle
- ◇ Filter mask
- ◇ Wrench, pliers, or multi-tool
- ◇ Manual can opener
- ◇ Plastic sheeting and duct tape
- ◇ Garbage bags
- ◇ Aluminum Foil
- ◇ Bleach and/or water filter
- ◇ Blanket or sleeping bag
- ◇ Cash *and* credit card
- ◇ Prescription medications
- ◇ Photo identification
- ◇ Important papers
- ◇ Printed phone contact list
- ◇ First Aid Kit
- ◇ Hygiene supplies
- ◇ Unique family or individual needs (list):
  - ◇ \_\_\_\_\_
  - ◇ \_\_\_\_\_
  - ◇ \_\_\_\_\_
  - ◇ \_\_\_\_\_
  - ◇ \_\_\_\_\_

## Family Communications Plan

- ◇ Do all family members carry a printed phone list of important numbers?
- ◇ Have you discussed plans to check in with one another if separated?
- ◇ Include at least one out-of-state person on the check-in list (in case local phone circuits are jammed)
- ◇ Have you talked about emergency plans during school hours, week-ends, nights and weekdays?
- ◇ Have you determined primary and alternative meeting places in case communications are lost?



*El Paso County Office of Emergency Management*

3755 Mark Dabling Blvd.  
Colorado Springs, CO 80907

Classes and workshops: [www.EPCCERT.org](http://www.EPCCERT.org)

Agency web site: [www.EPCOEM.com](http://www.EPCOEM.com)

Phone: 719-575-8858  
or (719) 575-8400  
E-mail: [CERT@elpasoco.com](mailto:CERT@elpasoco.com)

*El Paso County Office of  
Emergency Management*

# BE READY



## Have a Kit Make a Plan Be Informed

*"Building a Ready,  
Responsive, Resilient  
El Paso County"*

(719) 575-8858  
[www.EPCOEM.COM](http://www.EPCOEM.COM)

## Prepare for Success

The first step in getting ready is to consider how an emergency might affect your individual needs. Plan to make it on your own, for at least three days. It's possible that you will not have access to disaster assistance, a medical facility or even a drugstore. It is crucial that you and your family think about what kinds of resources you use on a daily basis and what you might do if those resources are limited or not available.



## Have a Kit

Think first about the basics for survival - food, water, clean air and any items you require to maintain your health, safety and independence. Consider two or three kits. One with what you will need to stay where you are and make it on your own for a period of time, a second to take with you if you have to leave your home, and a third to keep in your car.

## Make a Plan

There are actions that should be taken before, during and after an event that are unique to each hazard. Identify the hazards that have happened or could happen in your area and plan for the unique actions for each. Your El Paso County emergency management office can help identify the hazards in your area and outline the local plans and recommendations for each. Share the hazard-specific information with family members and include pertinent materials in your family disaster plan.



## Be Informed

Find out how you will be notified in a disaster. Know the alert and warning systems for work-place, schools and other locations. Subscribe to online and text alert systems, and monitor local media.



## Attend a Free Class

The El Paso County Office of Emergency Management offers free classes and workshops for individuals, communities, and organizations. Topics range from short presentations on disaster and emergency preparedness, to in-depth Community Emergency Response Team (CERT) Training. For a current schedule to or arrange for a training at your location, visit [www.EPCCERT.org](http://www.EPCCERT.org) or call (719) 575-8858.



*El Paso County Department of Public Services  
Office of Emergency Management*

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